

Worry not on what others might think. Nervousness is often based on concern over the opinions of others. Be able to live with yourself. That is your *best* soul mate. Learn something new every day, especially from your mistakes and miscues. Knowledge may be power but action is the fuel for growth; and there are no limits on what you can learn. Know what you most want, be able tell others you want it, and go after it; not ruthlessly but with nobility. Appreciate your strengths and the strengths of others. There will always be different personalities and that is good. We need them all. Kindness is often more important than being right. Always remember in every group, *everyone* is different, *everyone* has something in common with others, *and everyone* is the same... and *that* is good. Remember, courage first, confidence second. If you practice courage every day, your confidence will grow. Make eye contact. It connects us. Be resourceful. Connect with teachers. Connect with class mates. Get involved. Help out. It is not what you know but who you know, and *that* makes sense. You do not have to know or be everything. You need to know people who know what you do not. Help others and ask for help. Together, we *are* stronger. Be of service. Generosity and kindness release natural chemicals into your body that make you feel better. So do smiles and laughter; which brings us back to the truth... take your life and your career seriously, but don't take yourself so... the drama is temporary. Your life is not. Ask questions, *especially* the dumb questions; and yes there *are* dumb questions... they are the questions others feel dumb for not asking. Questions seek answers and answers are good. Prioritize. Study. Work. Have fun. Be safe, Be adventurous in a healthy kind of way. Budget. Live by it as best you can. You won't regret it. Look around you. The people you meet now may be the friends with whom you will share life or, at least, remember fondly. This is *your* time, to grow in amazing ways. Use this time with laughter and learning, and be your best self with your work and your fun. It *is* your time. Be you. It is enough.

Peace, passion and prosperity. **Barry Lewis Green, aka The Unity Guy™**

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Set yourself a GREAT Goal for College Life...

Set a Specific GOAL

RELEVANCE or importance to YOU....

How you will consciously EVALUATE your progress....

What specific ACTIONS will you take....

What TIME will you achieve it....



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From my early college days to now, as a college educator, I have come to my own little a-ha's about what is success and what is not. In part it tells me that we each define our own. One thing is observed though, across the board. Having clear goals leads to a greater likelihood of achieving them. Set your GREAT™ Goal to the left and hold on loosely but don't let go. Keep your eyes on the prize. It is YOUR life, after all.

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You rock!

Peace. BLG ☺

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