



*Relevance to Me*

*Evaluations*

Actions

*This sheet is intended for you to set your goals for the application and practice of character strengths from the book HBBH: Human Being Being Human. Get clear of the specifics of your goal, its relevancy to you, your methods of evaluating progress, the real actions that you take to achieve the goal and the timeline for completion. Go, live GREAT!*

# HBBH



**GREAT™ Goals**

- *Goal*
- *Relevance*
- *Evaluations*
- *Actions*
- *Time*

*Timeline*

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